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Our Mission

The Division of Student Affairs at the College of Charleston is dedicated to the facilitation of the cultural, social, emotional, physical, ethical and intellectual development of all students so that they may become responsible and effective individuals.

The state of affairs
Volume 4, Number 1
Spring 2009

The Many Faces of Student Affairs...

Welcome Week Event

Black History Month

The ExCEl Awards were held March 31, 2009

Moonlight Breakfast
Tuesday, December 9, 2008
10:30 p.m. – 12:30 a.m.
Liberty Street Fresh Food Company

Enjoy Fabulous Food Served By Some of Your Favorite C of C Administrators!
Build-a-Friend, Caricatures, Photo Key Chains, & Design Your Own Frisbee!

Moonlight Breakfast

Habitat for Humanity

Upward Bound

Wilson’s Winter Wonderland

International Author Series

Left to Tell
By Immuculate Ilbugaza

International Author Series

The Multicultural ExCEl Awards

Reaching New Heights

Community Engagement

Cougarpalooza Event

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The Gavalas Kolanko Foundation Awards Eight Scholarships

On Monday, September 22nd, the Gavalas Kolanko Foundation (GKF) awarded over $14,000 in scholarships to eight College of Charleston students with physical disabilities. The awards are based on academic achievement, participation in college extracurricular activities and contributions to the community.

President P. George Benson, Charleston Mayor Joe Riley, Nicholas B. Gavalas, Dr. Ronald Kolanko, GKF sponsors, families and friends of the students were present at the reception in Alumni Hall to recognize and congratulate the scholarship recipients.

Although the eight scholarship recipients, Rachel Beahm, Alex Jackson, Daniel Klein, Emily Lyles, Steven Melcher, Alan Sea, Christine Trahan, and Ryan Watkins receive various accommodations from the Center for Disability Services (CDS), we find that these students are also providing services for us and for the community.

Dr. Ronald Kolanko is opening doors for students with disabilities through “Education within Reach”.

Some of the accomplishments of these eight students include:

- Interning at the MUSC Public Relations Department
- Designing the T-shirt for the James Island Connector Run
- Serving on a City of Charleston Committee to improve accessibility
- Serving as a CofC Radio Disk Jockey
- Selected as a member of this year’s Leadership CofC Class
- Filming the James Island Connector Run
- Serving as a spokesperson for Cerebral Palsy
- American Idol™ audition finalist.

Past recipients of the GKF Scholarship have continued this tradition of accomplishment and service.

Though blind, one recipient is also a geologist, who scuba dives, and has participated in geologic field studies in Utah, Nevada and California with her guide dog.

While another award recipient established the Jordan Thomas Foundation, providing prosthetics for children whose families are unable to financially afford them.

Lastly a recipient recently completed a law degree and passed the South Carolina State Bar.

The Gavalas Kolanko Foundation has

- opened the doors for these students
- the students seized the opportunity
- and they are blazing their own paths benefitting us all.
One needs only a single word to describe Greek Life at the College this past semester: LIVELY!

With the Greek retreat at camp St. Christopher setting the tone as early as January this past year, to Greek community members and leaders participating in LeaderShape in May, Greek Life has been reinvigorated for a new school year and ready to face whatever obstacles lie ahead.

Our Greek Life orientation sessions welcomed potential new members to learn about our community and what Greek Life could offer them, in addition to posing the questions, “What can you do for Greek Life?” and “What does it mean to be Greek?”

For freshman who missed these orientation sessions, and for upper classmen who were still curious about CoC’s Greeks, Panhellenic’s “A Taste of Greek Life” presented another opportunity for the campus to interact with all of our Greek, Panhellenic, NPHC, and IFC organizations. Held on a sunny day, in Rivers Green behind the Addlestone Library, Greeks and non-Greeks blanketed the area, engaging in conversation and enjoying food, hot off the grill!

The National Pan-Hellenic Council (NPHC), hosted its annual “Meet the Greeks Carnival” in conjunction with Multicultural Student Programs and Services (or MSPS) “Welcome Back Jam.” Complete with a dunking booth and performance stage in the Cistern, the event had the largest crowd it had seen in recent years. The council ended the day with each representative organization performing a step routine and sharing the rich history of their organizations.

And to cap off the semester with a little school pride for a worthy cause, all three councils participated in CoC’s longstanding Pep Supper tradition. In an effort to cheer on our Lady Cougar Volleyball team and compete to collect canned goods for the Lowcountry Foodbank, CoC Greeks made this year’s competition more than interesting, creating elaborate banners to accompany their even more elaborate Broadway influenced skits. Taking home the grand prize for Pep Supper was Alpha Delta Pi. NPHC won the beloved skit competition. The event’s success was bittersweet since this was the last Pep Supper competition to take place in the Kresse Arena.

As a whole, the Greeks raised over 13,000 pounds of canned foods and annually provided the single largest donation given to the Lowcountry Food Bank each year.

To spread a little early holiday cheer, the Office of Greek Life hosted its annual “Holiday Drop In” to meet and mingle with CoC faculty, staff, and Greek members. It’s been a busy semester, so it was a neat way to wind down by having a little coffee, hot chocolate, fresh pastries and fruit!

As we geared up for another exciting semester with our Greek Leadership Retreat in late January and Alpha Kappa Alpha’s Greek-wide “Battle of the Party Walks” competition, we have also taken time to remember our Greek family member Tim Jones of Kappa Sigma who passed away this past semester. Tim, we will always remember you and your contributions to your fraternity.

The overall Greek Life mission is to complement the College of Charleston mission: to provide students the opportunity to realize their intellectual and personal potential and to become responsible, productive members of society.

Specifically, the Office of Greek Life desires to enhance student development, through meaningful experiences and involvement in Greek organizations. Greek Life builds leaders, enhances scholars, and facilitates the formation of lifelong friendships.

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Students Learn about Leadership and the Environment

The Higdon Student Leadership Center’s
Leadership CoF C is a unique opportunity for juniors and seniors to learn about leadership from members of the Charleston community, as well as each other. In the fourth year of the program, 52 students were selected from a large, competitive applicant pool and interview process. The students are brought together monthly over dinner at different venues in the community. After dinner, guests are invited to discuss various issues and topics of leadership with the students. Whitney Rogers, a student involved in the program, described the program as “an opportunity to network, communicate, and discuss issues that our world is facing. An opportunity for us to meet with leaders, see what they’re doing to make a difference, and learn what we can do too”.

The first program of the fall semester was meant to introduce the students to each other. At the Joseph P. Riley, Jr. Park, the students worked together on a low ropes challenge course, led by Adventure TeamWorks, with the baseball field as a backdrop. They enjoyed a ballpark style dinner and got to know one another.

Environmental Leadership:
The Noisette Community in North Charleston was the setting for program two, which focused on Environmental Leadership. Students went on a tour of the Southeast BioDiesel plant, led by owner Jim Thompson. After dinner in an environmentally-friendly refurbished warehouse, students chatted about the new green movement and environmental issues facing their generation. Students engaged in this discussion with Lori Sheridan-Wilson, Environmental Program Director of DeWees Island, Jason Cronen, creator of Green Drinks Charleston, and John Knott, President and CEO of the Noisette Company.

Leadership in Law:
Leadership CoF C’s third event had students thinking about ethics and integrity. The Leadership in Law Enforcement program had students in small group discussions with Heath Hoffmann, a sociology professor at the College of Charleston, Noah Moore from the Solicitor’s Office, and Chief Zumalt of the North Charleston Police Department. The guests presented the students with a real life example of when ethics and integrity were questioned, and asked them how they would have solved the problem.

Fun in Leadership:
The students finished the fall semester with a fun, social event at Frankie’s Fun Park, to help build their relationships.

Women in Leadership:
The spring held just as many interesting and challenging programs for this select group of students. They worked together with the Krause Center for Leadership and Ethics at The Citadel to showcase women in non-traditional positions of leadership.

Basics of Business:
In February, the students met at Automated Trading Desk, LLC with President/CEO and College of Charleston alumnus, Steve Swanson to discuss the basics of business.

Leadership in Politics:
Students took a trip to Columbia to meet with the Governor and his staff in March.

The semester and Leadership CoF C ended with a banquet in April. At this time, the students were honored for their achievement and enjoyed one last dinner all together.

This collection of Leadership CoF C students is a very talented, diverse, and accomplished group. They have made the fourth year of the program a success and without a doubt will take everything they’ve learned and apply it to their lives after graduating from the College.

For more information, please visit our website http://www.cofc.edu/slc/leadershipcofc.html.
Students of All Backgrounds are Welcomed at “The Center”

Housed in the yellow historic house next door to the Addlestone Library, “the Center” is a home away from home for multicultural/ minority students, but all students are welcome.

The Office of Multicultural Student Programs and Services’ (MSPS) main purpose is to enable students of all backgrounds to make their own significant contributions to the campus community.

With a lounge area to congregate and take a study break, a computing area for research and studying, and a conference space for meetings, “the Center” is in tune with students’ needs.

Perhaps just as important, are MSPS’s efforts to empower students through programs in order to stimulate students’ minds, call them to action, encourage them to utilize the vast resources around them, and invite them to be creative in problem solving efforts and in providing services to their peers.

Campus groups include Aya Hwe M’, an organization that seeks to unify and empower minority women on campus; the Black Student Union (BSU), an organization for all students who have an interest in addressing and taking action for/against political and social matters affecting African Americans and also provides cultural activities for the entire campus; the Student Union for Multicultural Affairs (SUMA), an umbrella organization geared toward unifying students and creating programs to enhance diversity; Alpha Kappa Psi, a coed business fraternity that aims to help students develop stronger skills in communication and leadership, and increase awareness of professionalism, all in preparation for the working world; the Asian Student Association, which raises cultural and ethnic awareness and promotes an appreciation of diversity; and the National Pan-Hellenic Council (NPHC), the governing body of CofC’s eight traditionally, African American Greek-letter organizations, that provides an array of service-oriented and social activities for the campus community.

MSPS is also the proud sponsor of the SPECTRA/SCAMP summer pre-college programs for incoming minority and/or first generation college students. This program facilitates peer, faculty, and staff networking opportunities, provides an opportunity for students to gain credit during the summer, and helps participants in their overall transition to the college experience.

The Office of Multicultural Student Programs and Services also hosts the annual “ExCEL Awards” which was established to honor outstanding achievements of College of Charleston students, alumni, faculty and staff, and members of the community for their work to diversify and enhance the College of Charleston campus. These award recipients are listed on page nine of this publication.

All CofC students are encouraged to visit the Office of Multicultural Student Programs and Services and support its many events and activities throughout the year.

...embrace multiculturalism and diversity, and erase bias and cultural adversity.”

The State of Affairs is available online at http://www.cofc.edu/studentaffairs/about_us/newsletter.html
Dance Marathon: Focusing on Families and Personal Connections

The campus and community are starting to recognize Dance Marathon as the College of Charleston’s largest student-led philanthropic event, raising money for the Medical University of South Carolina Children’s Hospital.

You may know it as the 15-hour fundraiser that kept students up all night in the new Carolina First Center on February 7, 2009. However, the executive board and over 450 students involved in Dance Marathon this year are working hard to make it a part of campus all year long. The executive board was chosen almost a year in advance for the main event. They started their year with a retreat to Edisto Island where they worked on building teamwork and laying the groundwork for the event.

They also work hard to hold several smaller events along the way, such as the executive board’s visit to MUSC Children’s Hospital on Halloween to help the children celebrate. They had the opportunity to do arts and crafts with the kids and hand out candy in the costume parade.

The executive board has especially tried to keep Dance Marathon on student’s minds by being a permanent fixture around campus with information tables, bright flyers, and painted banners.

Dancing students raised a grand total of $70,042 for MUSC Children’s Hospital.

The Dance Marathon’s 3rd annual Date Auction on November 20th was a success when it filled Yo Burrito with students raising almost $500 in less than 3 hours. They also held five letter writing campaigns for participants who were interested in sending letters to their friends and family telling them about their involvement in Dance Marathon.

The January 12th Cougar basketball game was dubbed a “Miracle Game” for Dance Marathon.

The crowd enjoyed videos about Dance Marathon, saw a portion of the morale dance from the event, and most importantly got to see some of the children from the hospital. The executive board has also planned a talent show to help participants raise the $150 that is mandatory to attend the event. Only days before the event, there was a spaghetti dinner for the participants to come together before the event and turn in all their fundraising efforts.

Director for this year’s event, Chelsey Rohler, sums it up best. “This year Dance Marathon tried to shift its direction from focusing on the actual event to focusing on the families and making personal connections with them. We are trying to build lasting relationships with the hospital patients and their families and are really trying to understand where they are coming from. These relationships make the experience of Dance Marathon a year long-process and not simply a one-night event. In our hearts, Dance Marathon lasts the whole year and we are trying to get the participants to feel that way as well”.

Dance Marathon raised $70,042. To learn more or donate to Dance Marathon, please visit http://dancemarathon.clubs.cofc.edu/.
News and Notes

SOS stands for Student Organizations Summit
More than 200 individual students and advisors representing 90 organizations attended the annual Student Organizations Summit on Saturday, September 13, 2008. This year’s Summit featured thirteen educational sessions on topics ranging from budgeting and financial responsibility to risk management and grass roots efforts to promote campus culture. Nationally acclaimed speaker, T. J. Sullivan, provided the keynote address – focusing on student apathy and the development and motivation of organization members.

Congratulations to the following organizations that won door prizes that can be used for events and programs during the 2008-2009 academic year:

*Pre-Vet Society       $250
*Archaeology Club      $150
*College Republicans  $100

The Student Organizations Summit is an annual event sponsored by the Office of Student Life, Student Government Association, Office of Greek Life and the Higdon Student Leadership Center. The primary mission of the Summit is to provide registered student organizations with an overview of institutional policies, procedures and resources as well as serving as a leadership training and development opportunity for organization officers.

Student Health Services
Medical Consultation for Study Abroad
Student Health Services is now offering a Travel Consultation Service for all students, student groups, faculty and staff who are participating in study abroad programs. Services will include immunizations, preventative treatments and education regarding health risks and prevention. “This service is so important for the campus especially as the number of study abroad programs continues to increase,” Director of Student Health Services Jane Reno-Munro says. “The College of Charleston is working to become a more international community and we felt this was an important step.” Eligible students and faculty members should schedule a travel consultation appointment two to three months before travel. Group sessions will also be held for study abroad programs being led by College of Charleston faculty. These sessions will include education, health advisory information, required and recommended vaccines, prevention and ways to decrease risks. All services will be provided by nurses, nurse practitioners and doctors. For more information, contact Jane Reno-Munro, ANP, director of Student Health Services at munroj@cofc.edu or 843-953-5520.

Public Safety
Police Chief on Board of Directors
Paul Verrecchia, Police Chief/Director of Public Safety is serving as the IACLEA 2008-2009 Director-at-Large. Paul was elected to the board in 2007 and his term expires in 2010.

The IACLEA (International Association of Campus Law Enforcement Administrators) is an association that advances campus public safety for its more than 1,200 educational institution members and 2,200 individual members by providing educational resources, advocacy, and professional development services. IACLEA is led by a Board of Directors and managed by a professional staff with headquarters in West Hartford, CT.

Higdon Leadership Center
New Assistant Director Named
Libby Cole joined the staff of the Higdon Student Leadership Center in August of 2008 as the new Assistant Director. She received her B.S. in Psychology, Minor in Rhetoric, and Leadership Certificate from Georgia College & State University. She is heading up the Leadership CofC program, LeaderShape, and is the advisor to Dance Marathon. Although she has been here a short time, it has been long enough for her to fall in love with CofC. She says that “the beautiful campus, Liberal Arts mission, and friendly people” have made her feel so welcome and comfortable. She is starting graduate school in the spring in Student Affairs to continue her education in the field.

Community Outreach and Greek Life
Fraternity Volunteers to Help the Community
Peer Assistance Leaders (PAL), a student patrol program working with the City of Charleston Police Department, has recruited 26 new members this fall including 15 men from Kappa Alpha Fraternity. We are very excited by the turnout and by the difference the volunteers are all making in the lives of our students.
Student Life

Ed Short is Named Outstanding New Professional
Assistant Director of Operations, Ed Short, received the Outstanding New Professional Award at the Association of College Unions International (ACUI) Region 5 Conference in Nashville, Tennessee on Sunday, November 16, 2008. Ed is responsible for the management and maintenance of the Stern Student Center and additional facilities reserved through the Office of Student Life. He also oversees the Office of Campus Scheduling, which coordinates space reservations and event planning for various campus venues for non-academic programs.

Ed is currently serving as the Scholarship Chair for ACUI Region 5. He has also served as the South Carolina representative to the Regional Leadership Team and was a member of the Conference Planning Team for the 2007 Region 5 Conference (held at the College of Charleston).

Georgestock Welcomes New and Returning Students

On the evening of Sunday, August 24, more than 1,500 new and returning College of Charleston students converged onto George Street and Physicians Promenade to participate in Georgestock – a street festival designed to kick-off Welcome Week and the start of the 2008-2009 academic year.

Co-sponsored by the Office of Student Life, New Student Programs, Residence Life and Housing, the Student Government Association, Cougar Activities Board and the

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Wilson’s Winter Wonderland

was held in the Stern Center Lobby in January. Executive VP Víctor Wilson strolled in the lobby to the sound of Christmas music, talking with students face to face to get better acquainted, encourage communication, and welcome them back to campus.

Bonner Leaders

The Bonner Program has come to the College of Charleston Campus! By providing developmental and financial support, the Bonner Program allows college students an affordable opportunity to use their energy, talents and leadership skills to engage in community service, research and capacity building. As a Bonner Leaders Institution, the College of Charleston has joined a consortium of diverse higher education institutions that share common civic engagement efforts. More info is at cofcbonner.pbwiki.com.

Upward Bound

Upward Bound, at the College of Charleston since 1975, is a college preparatory program established in order to generate the skills and motivation necessary for success in education beyond high school. Upward Bound Director Leroy Lewis received the MOJA Arts Festival Tribute Award for Excellence in Civic and Community Service, October 4, 2008.
Annual ExCEL Awards

Recipients are recognized for excellence in spreading the benefits of diversity and enhancing multiculturalism.

**Student of the Year**
- Kraceel Reown
- Dionna Everett
- Eric Stallings
- Neal Polhemus
- Kelynn Giorno
- Tiffany Williams
- Tiffany Dixon
- Shannon Wright
- Kareem Yearwood
- Danielle Jordan

**School**
- School of the Arts
- Business and Economics
- Education
- Humanities & Social Sciences
- Lang, Culture, World Affairs
- Sciences and Mathematics
- Graduate School
- SPECTRA/SCAMP
- Male Athlete
- Female Athlete

**Faculty of the Year**
- Enrique Graf
- Jocelyn Evans
- Renard Harris
- John Creed
- Gladys Matthews
- Linda Jones
- Amanda Ruth-McSwain

**Recipient**
- Clara Hodges
- Student Ambassadors
- Sgt. Trevor Shelor
- C. Michael Phillips
- Akeisha Worley
- Markessce Craft
- David Marongwe
- Brittany Nicole Graham
- Otto German

**Award**
- Staff Member of the Year
- Student Organization of 2009
- Good Neighbor Award
- Unsung Champion Award
- Septima P. Clark Award
- Lucille S. Whipper Award
- Eugene C. Hunt Awards (2)
- Eddie Ganaway Distinguished Alumni Award

**School of the Year**
- School of the Arts
- Business and Economics
- Education
- Humanities & Social Sciences
- Lang, Culture, World Affairs
- Sciences and Mathematics
- Graduate School

**Cistern Award**
- Maxine Bier
- Markessce Craft
- Elena Dowin
- Ody Essien
- Breanna Hopkins
- Charlie Joughin
- Katie Lisi

**New Student Leader Award**
- Jessica Branton
- Maureen Hohos
- Caroline Horres
- Colby Edward Howard

**Hall of Leaders**
- Heather Crouch
- Stephanie Habersham
- Tristan Evans
- Lisa Buckley
- Geoff Yost
- Katie Moore
- Chelsey Rohler
- Katie Orlando
- Lane Johnson
- Denise Dicks

**Advisor of the Year**
- Dr. John Creed, Americans for Informed Democracy

**Cistern Award**
- Dave Marongwe
- Lucas Moreira
- Marissa Roffler
- Chelsey Rohler
- Myra Soloshchenko
- Anwar Staggers
- Kara Trachtenberg

**Green Student Leader Award**
- Caulen A. Leary
- Isaiah Nelson
- Sydney Ramsey
- Hannah Strickland

**The Presidential Legacy Awards**

- **President Leo I. Higdon Outstanding Leadership Award**
  - Charles "Kolo" Rathburn

- **President Alex Sanders Outstanding Public Service Award**
  - Simon Lewis

- **President Dr. Theodore Stern Visionary Award**
  - David Marongwe

- **President Dr. Harry Lightsey Humanitarian Award**
  - Elizabeth Rigstad

**Seven of the SALA Award Recipients are pictured**

Left to right are Seaton Brown, Markessce Craft, Breanna Hopkins, Lane Johnson, Skyler Stetten, Charlie Joughin, Katie Lisi.
The Greek Borelli Awards for 2009

The goals of The Borelli Awards are to encourage students to excel academically, to pursue higher education, to become members of social Greek lettered fraternities and sororities, to participate in philanthropic projects, and to be good citizens of their respective colleges and high schools, as well as their communities and society in general.

**Individual Awards**

**Advisor of the Year**  
Catherine Lindley, *Chi Omega*

**Scholars of the Year**  
Sarah Moustafa, *Zeta Tau Alpha*  
Corey Savard, *Sigma Nu*

**New Members of the Year**  
Samantha Kasten, *Phi Mu*  
Joey Cofransesco, *Sigma Chi*

**Greek Man of the Year**  
Charlie Joughin, *Sigma Nu*  
Markessce Craft, *Alpha Phi Alpha*

**Greek Woman of the Year**  
Katie Lisi, *Zeta Tau Alpha*  
Michelle Cooper, *Alpha Kappa Alpha*

**Greek President of the Year**  
Patricia Holder, *Alpha Delta Pi*

**Greek Achiever of the Year**  
Lane Johnson, *Sigma Phi Epsilon*

**Chapter Awards**

**Excellence in Scholarship**  
Kappa Delta  
Alpha Epsilon Pi  
Sigma Nu  
Sigma Chi  
Alpha Kappa Alpha

**Excellence in Service & Philanthropy**  
Phi Mu  
Kappa Delta  
Sigma Chi  
Alpha Phi Alpha  
Delta Sigma Theta

**Excellence in Leadership Development**  
Alpha Delta Pi  
Zeta Tau Alpha  
Sigma Phi Epsilon  
Alpha Kappa Alpha

**Excellence in Chapter Development**  
Chi Omega  
Pi Kappa Phi  
Sigma Gamma Rho

**Most Improved Greek Chapters**  
Sigma Chi  
Delta Delta Delta  
Alpha Kappa Alpha

**Chapters of the Year**  
Kappa Delta  
Sigma Gamma Rho  
Pi Kappa Phi

**Student Employee of the Year**

The Career Center holds the Student Employee of the Year reception to honor the immense contributions made by student employees and their supervisors to the College of Charleston campus.

This year’s Student Employee of the Year is Kelsey Crenshaw pictured below on the right, with Victor Wilson, the Executive Vice President of Student Affairs on the left. Not pictured is the runner up to Student of the Year, Shannon Gaetke.

**Student Supervisor of the Year**

The 2009 Student Supervisor of the Year is Stephanie Visser, Director of the Center for Civic Engagement. This award is particularly significant because the Supervisor of the Year is chosen by the supervisor’s own student employees.
Reducing Students’ Risks for Substance Abuse

Higher Education Leaders play an important role in reducing students’ risks for substance abuse and related problems. Senior level college administrators from area colleges and universities were invited to attend seminars at the College of Charleston on this most important topic and to address the definition of “normal” drinking.

Redefining Normal
One seminar was entitled Redefining Normal: Leadership Imperatives for the Health, Safety, and Success of Our Students and Communities.

No one wants to think of a college campus as anything but what we all display in our admissions brochures and alumni magazines: an idyllic setting of happy students, intellectually stimulating faculty, winning athletic teams, and harmonious town and gown partnerships.

Our campuses probably do look like that in the light of day, but there is another world that many students enjoy when most of us are fast asleep. You can bet it is alcohol-fueled.

Students and alcohol have been on a first-name basis for centuries, predictably supported by the “It’s just a rite of passage” mantra of grown-ups who would prefer to look the other way.

The short-and-long-term risks of dangerous alcohol use are too serious for us not to address, however, if we care about our students’ health, safety, and success.

Drinking is different from what it was 30 years ago, and the consequences are frightening, both for our young people and for our communities.

“Normal” needs a new definition, and senior level administrators are more important than ever in spearheading the conversation. This presentation will help you learn how to do it.

The presenter was Dr. Patricia W. Daugherty who is Assistant Vice President for Student Affairs at University of Georgia. Dr. Daugherty has worked in Student Affairs for 30 years and was the founding chair of UGA’s Community/Campus Coalition for the Prevention of Alcohol and Other Substance Abuse – served as chair for 4 years.

Substance Abuse Prevention
Another free training seminar was Environmental Strategies for Substance Abuse Prevention on College Campuses and Local Communities. This training was designed to facilitate shared learning and collaboration among campus leaders and local community partners who need to understand one another’s roles and to work together to successfully implement environmental prevention strategies.

The objectives were to address the following key components:
- Why Worry with Underage Drinkers?
- South Carolina Underage Drinking Laws: What can be done
- Alcoholic Beverages & Trends: What are Underage Drinkers Consuming?

College Receives Grant
In addition, the College of Charleston received a substantial grant to address high-risk drinking in the community and on campus. The grant is called the Office of Juvenile Justice and Delinquency Prevention FY 2008 Enforcing Underage Drinking Laws Discretionary Program: University/College Initiative.

The grant allowed the College to hire a highly qualified part-time employee, Anne Wyman Cipolla to assist with substance abuse prevention strategies on campus and in the community.

“Anne Wyman” is a licensed professional counselor and former chairperson for the Campus Community Coalition.

The grant goals are to:
1. Decrease the number of first-time alcohol-related incidents
2. Decrease the incidence of unintentional injuries related to alcohol consumption among underage students
3. Reduce alcohol-related traffic injuries or fatalities among underage persons.

The grant funds will be used to increase student safety, related to high-risk drinking, in the community and on our campus. The grant budget includes several research-based community and campus interventions. For more information, contact Guy Ilagan at ilagang@cofc.edu.

These seminars are part of the College of Charleston’s continuing efforts to address substance abuse.
Counseling’s Christiana DeGregorie, PsyD selected President-elect of South Carolina Psychological Association

Christiana D. DeGregorie, PsyD

is just one of the College of Charleston Staff Psychologists in the Counseling and Substance Abuse Services Department of Student Affairs.

Counseling Services provides help and resources for parents and faculty, in addition to students. Counseling provides a full list of their services at: http://www.cofc.edu/~counseling/

Christiana De Gregorie has been selected as the President-elect of the SCPA. The South Carolina Psychological Association (SCPA) is the only professional organization in South Carolina representing all areas of psychology: academic, practitioner, and public service. SCPA has the purpose to advance psychology as a science, as a profession, and as a means of promoting human welfare; to foster and maintain high standards of practice, teaching, and research in the field of psychology; and to make available to the public information regarding psychology as a science and as a profession.

No one is immune to emotional distress. At times, such distress can become overwhelming, and individuals may need help as they struggle with their problems. Psychologists are specially trained to help with these problems.

Psychologists are highly trained professionals with expertise in the areas of human behavior, mental health assessment, diagnosis and treatment, and behavior change. Psychologists apply scientifically validated procedures to help people change their thoughts, emotions, and behaviors.

The state of South Carolina licenses psychologists to practice in our state. Licensure requires that a psychologist has earned the doctoral degree from an accredited program and has completed extensive supervised training in their area of specialization. It’s the combination of doctoral-level training and clinical internship that distinguishes psychologists from many other mental health care providers.

Licensure laws are intended to protect the public by limiting licensure to those persons qualified to practice psychology as defined by state law. In South Carolina, renewal of this license depends upon the demonstration of continued competence and requires continuing education. Members of the South Carolina Psychological Association (SCPA) adhere to a strict code of professional ethics.

Peer Counseling provides Supportive Listening without Judgement

Peer counseling is a strictly confidential, free service offered to College of Charleston students. Peer counselors provide attentive and supportive listening without judgment or criticism. In addition to providing counseling face-to-face on the third floor of the Robert Scott Small library, an anonymous hotline is available anytime Monday-Thursday from 5pm to 9pm.

Peer counseling is comprised of 17 upper-classmen undergraduate students. Under the direction of Lindsey Barr, Health Educator and counselor here at the College, peer counselors undergo extensive listening skills and training sessions. Each semester peer counselors are trained particularly in areas of specialty including: stress management and anxiety, sexual health and relationships, depression and suicide, and substance abuse. Currently peer counselors have undergone upwards of 14 hours of training this semester alone.

The program has expanded its scope and efforts to market its services to students. For example, In honor of National Depression Awareness month, peer counselors participated in the creation of a depression / suicide wellness guide as well as engaged in extensive marketing of the national depression screening facilitated by Counseling Services. In addition, peer counselors partnered with an on-campus sorority to present information on depression. Furthermore, to aid students best on this campus, peer counseling hosted a stress relief week including stress relief techniques and mindfulness classes.

The most popular stress event week by far was the free massages provided by the Southeastern school of massage, hosting over 150 students. Most recently, peer counselors have served as grief counselors during the World Aids Day program. Peer counselors are constantly working to devise creative strategies to let this campus know that they are a helping presence by passing out free stress balls, Kleenex, and cups. The latest advertising campaign, utilizing highlighters, clearly shows what peer counseling intends to do, “We can help brighten your day”. Also, on our web site is our health education podcast which addresses ongoing issues of interest for our students. http://wellness.cofc.edu/healtheducation/